



All proceeds benefit the American Cancer Society

Tour de Coeur

# Ride North Idaho

Register **now!**

## Tour de Coeur - Sunday, September 7, 2008

The seventh annual Tour de Coeur will include popular family rides from 1 -22 miles , starting at Higgens Point and continuing along the Centennial Trail and beautiful Lake Coeur d'Alene. The popular long ride (33 miles) will start at Higgens Point then proceed on a beautiful, challenging, paved route. Riders have the option to ride two laps of this route...keep in mind, one participant called this "a 33 mile ride that rides like 60"! Registration includes festival activities, food, raffles, massage and entertainmnet at Higgens Point following the ride.

**REGISTER TODAY!**

**\$70 family registration**

*includes registration and shirts for two adults and two children .*

**Registrations must be received by August 1, 2008**

to guarantee selected shirt size

Name (Please sign waiver on back)

Address

e-mail

City

State

Zip

Phone

Emergency Contact

Phone

Shirt Size YS  YM  YL  S  M  L  XL  2XL

Registration Fee: \$70 Check  MC  Visa

Card Number

Exp. Date

Name and Address on Card

Additional Riders (please indicate youth or adult sizes)

Name

Age

Shirt Size

**Make checks payable to "Tour de Coeur".**

Please mail or FAX to:

Tour de Coeur, ATTN: Cynthia Rozyla, 920 N. Washington, Suite 200, Spokane, WA 99201 FAX: 509-455-3990

For more information: Call 1-509-242-8295 or e-mail [cynthia@acsidaho.org](mailto:cynthia@acsidaho.org)

